



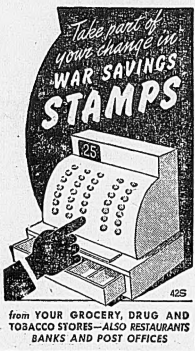
THE CHINOOK ADVANCE

Vol. 22

Chinook, Alberta, Thursday, December 9th 1943

Bring in your TURKEYS any day, when you will be paid top prices.

CHINOOK MEAT MARKET



First Baby Born In New Hospital Gets Certificate

Hardly had the new Esler Hospital opened than Mr. Stork decided to pay a visit. Yes, the well known bird alighted Nov. 25, just nine days after the hospital opened, and presented Mr. and Mrs. John Kroker of Sedalia with a baby boy (Sidney Johannes). Young Sidney being the first baby born in the new hospital, was the recipient of a five dollar War Savings Certificate given by the hospital.

Born—To Mr. and Mrs. Stephen Cron, on Wednesday Dec. 8th 1943, in the Esler Hospital, a daughter.

Mr. and Mrs. W. Wilson were Hanna visitors on Tuesday.

Mrs. Joyce Hogz of High River arrived here last week and will spend the Xmas holidays with her parents, Mr. and Mrs. Milligan.

Mr. N. Smith, jr. is now employed at Codely's Garage.



Quills
LITTON'S WHOLESALE DEALERS
Shop in BRANDON or REGINA
We offer on the basis of \$4.00 to \$5.00 for No. 1 extra large pelts. All other furs are high.

Hides
GOVERNMENT APPROVED DEALERS
Shop in BRANDON or REGINA
We special hides for our own tannery and for other tanners with war orders. Freight paid on shipments of 100 lbs. or more.

Horse Hair
AUTHORISED CLASS A DEALERS
Shop in BRANDON or REGINA
We sell all of our hair direct to the government and therefore can pay top prices.

Tanning
FRANK MASSIN TANNING CO. LTD.
Shop in BRANDON or REGINA
Fine Rides—so soft, and as pliable as cloth, velvet and chambray-like—made from your own hides also Harness leather, Lard leather, Rawhide, Harness leather for sale.



U. F. A. Central Co-operative Association Limited 125 Eleventh Ave. East INTER-OFFICE MEMO

A meeting was held by the Chinook U. F. A. Local on Nov. 27th to hear a report from the committee in charge of their activities regarding the opening of the new U. F. A. Central Co-Op. Store at Chinook.

The meeting was held at the Chinook Hotel, and was well attended.

Mr. Doug Smith acted as chairman and gave a brief outline regarding how the store building was acquired and how the committee had arrived at the decision as to the best manner in which to operate with the Co-Operative store, and how it was decided that the greatest advantage would be in taking benefit from the U. F. A. Central Co-Op. Assoc. Ltd., its experience and already established business connections. He also gave an outline as to the financial arrangements were completed whereby the Local U. F. A. and the Acadia U. F. A. Co-Op. and the U. F. A. Central Co-Op. Assoc. Ltd. put up the money needed for a foundation stock. It was arranged for the U. F. A. Central Co-Op. Assoc. Ltd. to have complete charge of management and control, and a Local Advisory Committee was to be set up. This Committee was of Mr. Warren and Mr. Connor.

Mr. R. M. McCool, the U. F. A. Central Co-Operative Assoc. Ltd. Superintendent of stores, gave an outline of the Central Co-Op. Assoc. Ltd. its early beginnings and how it had grown, with all capital invested in the Company today representing almost exclusively the accrued earnings of their business activities. Mr. McCool also told of the present rapid expansion, with the enlarging this year of the Medicine Hat store to "almost twice" its original size, the opening of the new Co-Op. at Drumheller and now at Chinook. He also spoke on the benefits accruing to the people from Co-Operative activities; lower prices combined with better quality; better service.

Mr. Chas. Frederickson, Manager of the U. F. A. Central Co-Op. Assoc. here spoke a few words, thanking everybody for the support he had received in spite of the difficulties of keeping open for business while painting and renovating, and promised a fine selection of goods, war conditions allowing, at prices based on Calgary prices plus freight. Mr. Frederickson also mentioned that the yearly dividends accruing to all patrons of the store will be based on the total earnings of all the stores and other business activities of the U. F. A. Central Co-Op. Assoc. Ltd.

Mr. Proudfoot then gave a detailed report taking in every step in the purchase of the store buildings and the stock of the Banner Hardware. Mr. Proudfoot also outlined the plan followed whereby the U. F. A. Local were lending the U. F. A. Central Co-Op. Assoc. Ltd. \$1500.00. This was to be done through enough members lending the Local small amounts as a direct interest carrying loan, and the Local to turn over to the central the total amount. Mr. Proudfoot was one of the men instrumental in getting the Co-Operative store established here, and fully deserved the vote of thanks given him by those present at the meeting.

Mr. James Cameron of Youngs town then gave a short address on the value of the time consumed in the future when the U. F. A. Central Co-Op. Assoc. Ltd. would have ten outlets instead of four with their own home department, and even better service and manufacturing facilities. He also mentioned that it was a very real and decisive factor in raising the farmers standard of living. But Mr. Cameron also pointed out that in the meantime he must support the present Co-Operatives and the more of the profits put back into enlarging and building, the sooner and the surer will be eventual success.

All the speakers were followed with the greatest interest, and everybody seemed satisfied it was a very successful meeting.

HARDWARE and GROCERIES

Block and Coarse Salt
Hog Starter and Concentrates
Fruit And Vegetables

Come in and inspect our line of Groceries. A good supply of Honey, Jams and Fruits in season
U. F. A. CENTRAL Co-op CHINOOK

IMPORTANT

ORDER REPAIRS NOW

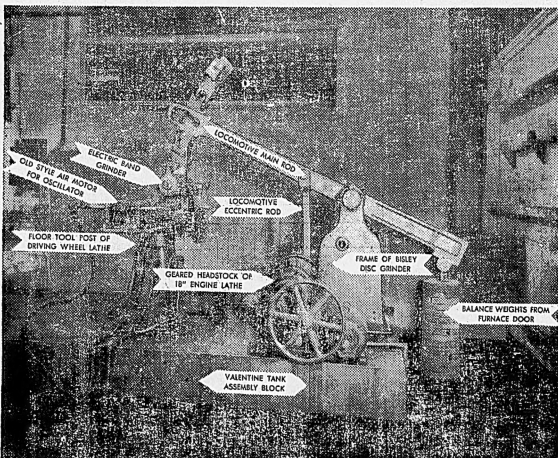
Check All Your Farm Equipment Because Repair Parts are difficult to get and getting more difficult as time goes on. If you leave your ordering until spring, chances are you will be disappointed.

DON'T DELAY
Ask Your Dealer For
I. H. C. & John Deere
COOLEY BROS.

Chinook, Alta.

Phone 10

"C. P. R. Sends Scrap to War in Building Marine Engines."



Discards, which had done a big war job already before they were considered ready for the scrap heap, were resurrected by the Canadian Pacific Railway Company at its Angus Shops in Montreal to make the improved grinder, pictured above, for grinding the radial contour of motion links for main marine engines, one of the war contracts on which the C.P.R. is engaged.

At the big shops, which are under the direction of H. B. Bowen, chief of motive power and rolling stock, and where H. R. Naylor is works manager, it was John A. Hope, shops engineer, who conceived the idea for

the machine which has eliminated many hours of labor required to draw file and scrape the radial surfaces. The motion links must be finished to meet the high standards and close tolerances demanded by the Royal Canadian Navy for engines in its escort service.

The entire machine was made of discarded material, as shown in the labels on the different parts in this picture. The main base was a discarded front casting originally made at Angus Shops for an erection jig for the more than 3,400 Valentine tanks which were built there for service in Russia on an earlier

C.P.R. war contract. Other of the discards include the connecting rod of a locomotive back in service now as the radial arm of the grinder after once earning retirement with a record of many thousand miles of freight to its credit.

So it went through the entire list of materials put back to work in this important war job with an old style motor, a discarded grinder frame and even balance weights from a furnace door being utilized in the machine which saves precious hours in the production of marine engine power for the hulls being fabricated in Canadian shipyards.


CANADA NEEDS FATS & BONES FOR HIGH EXPLOSIVES

HERE IS A DAY TO DAY WAR JOB FOR YOU!

SAVE ALL YOUR WASTE FATS AND BONES

- 1 You can take your fat drippings, scrap fat and bones to your meat dealer. He will pay you the established price for the dripping and the scrap fat. If you wish, you can turn this money over to your local Voluntary Salvage Committee or Registered Local War Charity, or—
- 2 You can donate your fat dripping, scrap fat and bones to your local Voluntary Salvage Committee if they collect them in your community, or—
- 3 You can continue to place out your Fat and Bones for collection by your Street Cleaning Department where such a system is in effect.

Department of National War Services
NATIONAL SALVAGE DIVISION



Picobac
IT DOES TASTE GOOD
IN A PIPE!
GROWN IN SUNNY, SOUTHERN ONTARIO

A Bond Of Empire

THE STABILITY OF THE STRUCTURE of the British Empire has been a subject of discussion and conjecture among certain groups for some time. These groups are made up largely of people not living within the Empire, and doubtless their views are influenced to some extent by wishful thinking. They have, nevertheless, received some publicity which has led to considerable thought and discussion on the subject. Events of the past four years have shown beyond doubt that the ties which join together the various parts of the Empire have never been stronger than they are today. The most recent assurance of this fact has come in the appointment of His Royal Highness the Duke of Gloucester, the King's brother, as the Governor-General of the Commonwealth of Australia. This appointment is seen by many as an emphatic reply to those who have sought to show that there is disunity within the Empire, for it was made at the request of Prime Minister Curtin, the head of Australia's Labour government.

The Duke of Gloucester, who is forty-three years old, chose to follow a military career and studied at the cavalry school at Sandhurst after leaving Eton. He was appointed chief liaison officer to the British field forces shortly after the outbreak of the war, and he served in France and Belgium before the fall of those countries in the spring of 1940. He has since served as chief liaison officer to Home Forces Headquarters and in that capacity he is well known to many members of the Canadian Army. Although he has always been interested in his career in the army, he has not let it interfere with his public obligations as a member of the Royal Family. It is felt that in accepting the exacting post as Governor-General of Australia he is once again displaying his willingness to serve the Empire. The Duchess of Gloucester, who has been active in war work in Britain, and is honorary chief commandant of the Women's Auxiliary Air Force, is held in high esteem by the British people, and is said to be exceptionally well fitted to fill the role of chaine de Australia's Government House at Canberra.

Enthusiasm Is Shown By Press

It has been known for some time that the Australian public has favored the choice of one of their own people for the post of Governor-General. It is considered deeply significant, therefore, that the Labour government of Premier John Curtin, requested the appointment of a member of the British royal family at this time. The Australian press welcomed the announcement with enthusiasm and the Sydney Morning Herald carried an editorial on the subject which said, in part: "King George has honored Australia by designating his younger brother, the Duke of Gloucester, to represent him in the Commonwealth. For the first time a brother of the reigning King will become Governor-General of the Dominion and the significance of this development will not be lost upon the outside world." Prime Minister Churchill has said on more than one occasion that he did not intend to preside over the disintegration of the British Empire, and events are bearing out the wisdom of his statement.



HEALTH LEAGUE OF CANADA
COOKING VEGETABLES FOR VITAMIN PRESERVATION

We now know that the method of cooking vegetables is just as important as the choice of obtaining a maximum amount of vitamins and minerals. Baking is the best method as the least amount of vitamins are lost, but not every vegetable can be baked satisfactorily. But we can steam practically all vegetables, and as these are not in the water, only the vitamins destroyed by heat (about 10% B1) are lost. If we boil the vegetables and throw the water away, as most of us do, vitamin C and members of the vitamin B complex are lost because they are water soluble. Most of us cook vegetables in too much water, but science tells us they need to be just covered with water. In the case of leafy vegetables just the water that clings to the leaves after washing is necessary.

We should divide vegetables into two classes:

1. The leafy vegetables, chard, spinach, cabbage, broccoli and strong flavoured vegetables such as onions, turnips and Kohlrabi are cooked without a cover.
2. The other ones, beets, carrots, corn, parsnips, peas, potatoes, saffron, squash, string beans are cooked with a cover.

If you follow these few rules in cooking you will be getting the maximum food value from your vegetables:

1. Use raw vegetables.
2. Bake or steam them frequently.
3. Boil vegetables in skins if possible, in little water and only until they are done.
4. Wash, peel or cut vegetables just before cooking.
5. Use the cooking water for soups, sauces, etc.
6. Serve immediately.

A post card request to the Western Division Health League of Canada, 111 Avenue Road, Toronto, will bring you a free copy of its authoritative Vitamin Chart.

Angel Falls, in Venezuela drops about a mile, the greatest drop in the world.

ULCERS - SORES - ECZEMA

Nurse Dandies' "Nurse Dandies" treatment does not interfere with daily work. Write today for free trial and testimonials without obligation. Nurse Dandies' Remedies, Dept. Free Trial, P.O. Vancouver, B.C. FREE TRIAL

LACTIS-ORA FOR HEALTHFUL GUMS MOUTH

LACTIS-ORA is not new, nor is it a mouth wash. DENTISTS have used it for 15 years for bleeding, sore, inflamed gums, French mouth, pyorrhea, halitosis (bad breath) and all infections of the gums.

Approved Proprietary Medicine. Approved Proprietary Medicine. Approved Proprietary Medicine. Approved Proprietary Medicine. Approved Proprietary Medicine. Approved Proprietary Medicine. Approved Proprietary Medicine. Approved Proprietary Medicine. Approved Proprietary Medicine. Approved Proprietary Medicine.

Modest Millionaire

Wealthy Man In Britain Who Gave Away Millions Of Dollars

To have been one of England's two wealthiest men and lived so quietly that comparatively few persons, other than in Great Britain or outside of it, had ever heard of him, was the singular obscurity achieved by Joseph Rank, master miller, who died recently in his Victorian home, near London, aged 89.

Mr. Rank loathed publicity and his name seldom appeared in the newspapers. He was so genuinely modest as to minimize his own importance, that only three lines appeared about him in the British Who's Who.

Yet he went about doing good by stealth and gave away millions of dollars during his lifetime. His fortune, now been estimated at well over \$100,000,000.—Hamilton Spectator.

WINGS PARADE



LIST OF GRADUATES
The following students graduated under the British Commonwealth Air Training Plan from:

No. 17 Service Flying Training School, Souris, Man. (Pilots)
Sgt. B. Christensen, Chesholm, Alta.
Sgt. A. O'Brien, Brown, Man.
Sgt. W. V. Warner, Byersburg, Sask.
Sgt. R. O. Wood, Portage la Prairie, Man.
Sgt. J. J. Manning, Hinton, Sask.
Sgt. J. P. Chapman, Rimbouche, Sask.
Sgt. J. J. Conner, Portage la Prairie, Man.

No. 7 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Air Observer School, Winnipeg, Man. (Air Navigators)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Air Observer School, Winnipeg, Man. (Air Navigators)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Air Observer School, Winnipeg, Man. (Air Navigators)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

No. 5 Bombing and Gunnery School, Paulson, Man. (Wireless Air Gunners)
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.
Sgt. J. J. Brandt, Winkler, Man.

Legal Department Head

A. Beatty Rosevear, K.C., Senior Solicitor For C.N.R., Western Region.



Appointment of A. Beatty Rosevear, K.C., as senior solicitor in the legal department, Canadian National Railways, Western region, is announced in a circular issued by Gilbert M. Hair, K.C., regional counsel. Mr. Rosevear will continue to make his headquarters in Winnipeg.

The transfer of Norman J. MacMillan, solicitor in the legal department, Winnipeg, to Montreal as assistant general solicitor, is also announced by Gilbert M. Hair, K.C., regional counsel.

Mr. Rosevear, son of the late A. E. Rosevear, general freight agent in the Grand Trunk Pacific, joined the legal department in December, 1936. He is well known in Winnipeg legal circles and as a graduate of the University of Manitoba takes a keen interest in the work of the U.A.T.C. At present, he is commanding officer of No. 9 Squadron, U.A.T.C., with the rank of Squadron Leader. He is a veteran of the Royal Air Force in World War I.

Mr. MacMillan, who was born in Bracebridge, Ont., is also a graduate of the University of Manitoba and joined the C.N.R. legal department in September, 1937.

Ancient Bible

Soldier Brings Home To Canada A Valuable Souvenir

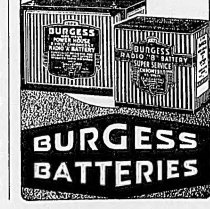
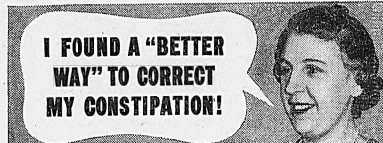
A soldier home on leave has brought with him a 324-year-old Bible as one of the war's most unusual souvenirs. The huge leather-bound volume, nearly four inches thick, was hidden in the chimney of an old manor house in North Devon during England's civil war (1642-49), and the Bible lay forgotten for 300 years, until German bombers, at the height of their blitzkrieg on England, uncovered its hiding place. The aged Bible, containing several thousand pages of fine, handset type, is considered in a remarkable state of preservation. Its wood-cut illustrations and contents are as clear and legible as they were three centuries ago. Only part of two heavy brass clasps are missing—Charlottetown Guardian.

STEADY NERVES ARE A BIG HELP TO GOOD LOOKS!



How in the world can a woman have charm and poise if she feels "all wound up" with nervous tension? On the other hand, a calm, steady nerve actually gives a woman poise and quiet nerves take the hand, tense look from her facial muscles. If nerves bother, treat them with rest, wholesome food, fewer activities, plenty of sunshine and fresh air. In the meantime take a nerve sedative. Dr. Miles Nerve. Nerve has helped scores of women who suffered from overtaxed nerves. Take Nerve according to directions to help relieve general nervousness, sleeplessness, nervous fears and nervous headache. Enhancing Nerve Tablets are 35c and 75c. Nerve Liquid: 25c and \$1.00.

WORLD FAMOUS

I FOUND A "BETTER WAY" TO CORRECT MY CONSTIPATION!

War means harder work for most of us. It's certainly no time to be handicapped by that common type of constipation caused by lack of "bulk" in the diet. If you have that trouble, here's a simple, enjoyable method that so many people use to correct the cause—they eat ALL-BRAN regularly instead of resorting to harsh purgatives that give only temporary relief.

This delicious cereal—it's grand tasting in muffins, too—keeps thousands regular, naturally... stops their trouble "before it starts". Try this pleasant plan. Eat KELLOGG'S ALL-BRAN every day... drink plenty of water... and see why it's called a "better way". Your favorite grocer has ALL-BRAN in two convenient sizes. Made by Kellogg's in London, Canada.



HEALTH LEAGUE OF CANADA presents TOPICS OF VITAL INTEREST

INFANT WELFARE CLINICS

Infant welfare clinics have been greatly extended in Britain since 1940, despite the nation's pre-occupation with war. Dr. Dorothy Taylor, chief medical officer of the Division of Maternal and Child Welfare, British Ministry of Health, told a meeting at Toronto. But more important than the clinics themselves, Dr. Taylor suggested, was the follow-up work done by the health visitor or public health nurse. When a child is born in Britain, she explained, the medical officer of health is notified, and as soon as possible after the 14th day, when the average mother ceases to be under the doctor's care, a health visitor visits the home to advise the mother on the care of the infant. The mother is encouraged to visit the Infant Welfare Clinic at stated intervals, but the special personal problems of each case are helped by regular home visits until the child reaches school age. These social services are free to all mothers.

England and Wales now have 2,555 Infant Welfare Clinics provided by local authorities, and 813 maintained by voluntary organizations. The Health League of Canada was told by Dr. Taylor. Attendance at these centres had increased largely since the beginning of the war, said Dr. Taylor, and in large communities such as the industrial city of Birmingham, 98 per cent. of expectant mothers attend the prenatal clinics, while 70 per cent. of the babies were regularly brought to the Infant Welfare Centres.

Roman Cemetery

Ancient Graveyard Was Unearthed In Britain
W. Percival Westall, 69, curator of Letchworth museum in Hertfordshire, and supervisor of excavating work in 1922, which unearthed Roman cemetery at Baldock, died recently.

The cemetery, covering nearly 1,000 square yards, yielded 320 grave groups, including one with a curse—a leaden tablet pierced with nine holes. In five of the holes iron pins had been inserted. The piercing was stated to indicate the "fixing" power of the curse, which paralyzes its victim, depriving him of the strength of life.

GEMS OF THOUGHT

THE SCRIPTURES
When you have read the Bible, you will know it is the word of God, because you will have found it the key to your own heart, your own happiness and your own duty.—Woodrow Wilson.

Hold fast to the Bible as the sheet-anchor of your liberties; write its precepts in your hearts, and practice them in your lives.—Ulysses S. Grant.

I believe a knowledge of the Bible without a college course is more valuable than a college course without a Bible.—William Lyon Phelps.

The Scriptures are very sacred. Our aim must be to have them understood spiritually, for only by this understanding can truth be gained.—Mary Baker Eddy.

A loving trust in the Author of the Bible is the best preparation for a wise and profitable study of the Bible itself.—H. C. Trumbull.

The highest earthly enjoyments are but a shadow of the joy I find in reading God's word.—Lady Jane Grey.

Smallest War Factory

In An English Cottage, Elderly Couple Producing Munitions

Up a winding path, on the edge of the forest in one of the Home counties of England is hidden away one of Britain's smallest war factories.

In this cottage an elderly middle-class couple do an important job for the ministry of supply—they make gauges, accurate to a ten-thousandth of an inch only, for tanks, Brens, Stens and anti-tank guns.

Working as a partnership, on machinery much of which was invented by the craftsman himself, they have turned out 3,000 of the very essential gauges. The man, who is known simply as "Mr. Smith", has been an inventor for nearly half a century. He built and designed a special miniature car for use by Prince Olaf of Norway.

Skin Eruptions

Here is a clean, stainless, penetrating substance that brings speedy relief from the itching and discomfort of such skin eruptions as eczema, urticaria, and simple ulcers are also relieved. In skin affections the itching of Eczema is quickly stopped. Pimples—skin eruptions that pop out of the face in a very few days. The same is true of Throat's itch, Sore Throat, Itching Throat and Feet and other inflammatory skin disorders. You can obtain Moore's Eczema Ointment in the original bottle at any good drugstore. Satisfaction guaranteed or money back.

Visit To London

Members Of Famous Indian Regiments Are Entertained

Representatives of the famous Fourth Indian Division have been on a visit to London. The party included representatives from the 6th Rajputana Rifles, the 2nd and 9th Gurkha Rifles, the 1st and 10th Jat Regiments, the 10th Baluchistan Regiment and 5th Malhatta Light Infantry and 11th Sikh Regiment. The contingent, which is typical of the mixed Indian division, also comprises British officers and other ranks from the Royal Sussex and Essex Regiments, as well as the Camerons. On a visit to the East End of London, some of the Indians were decorated with flower garlands.



EAT RIGHT
FEEL RIGHT
CANADA NEEDS YOU VERY MUCH

Follow Canada's Food Rules for Health and Fitness

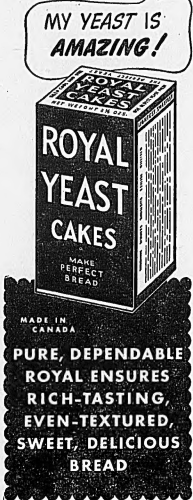
FREE! A Valuable Recipe Book—"Economy Recipes for Canada's Householders" containing many recipes suited to today's requirements. Send a postcard with your name and address with the words "Economy Recipes". Address Dept. 41, The Canada Starch Home Service Dept., P.O. Box 217, Winnipeg, Man.



CROWN BRAND SYRUP
The CANADA STARCH COMPANY, Limited



FOR COUGHS COLDS-
BUCKLEY'S MIXTURE
YOU CAN'T BEAT



For Little Hands



7658

These colorful, warm mittens for kiddies may be made in any of four sizes so that you can fit the gangling half-pint right down to the chubby toe. A contrasting color may be woven through the easy cable stitch. Pattern 7658 contains instructions for mittens in 4, 6, 8 and 10-year size; stitches.

To obtain this pattern send twenty cents in coins (stamps cannot be accepted) to Household Arts Department, Winnipeg Newspaper Union, 175 McDermott Avenue E., Winnipeg, Man. Be sure to write plainly your Name, Address and Pattern Number. "Because of the slowness of the mails delivery of our patterns may take a few days longer than usual."



FIRST—rub throat, chest, and back with Vicks VapoRub at bedtime.

THEN—spread a thick layer of VapoRub on the chest and cover with a warm cloth.

RIGHT AWAY, VapoRub goes to work—loosens phlegm—eases muscular soreness or tightness—helps clear upper air passages—relieves coughing. Brings wonderful comfort and invites restful sleep.

VICKS VAPORUB

Relieves distress from MONTHLY

FEMALE WEAKNESS

Lydia E. Pinkham's Vegetable Compound not only helps relieve monthly pain but also weak, nervous feelings—due to monthly functional disturbances—helps build resistance against distress of "difficult days." Made in Canada.

OUR COMPLETE SHORT STORY— YOUTH'S RETURN

By JEAN CAMERON

McClure Newspaper Syndicate

He plodded slowly along the gravel walk, his eyes never glancing at the bright flowers set so neatly in their plots, the green of the small vegetable gardens, the clean stones of the little thresholds. The houses were becoming more numerous now; soon he would reach the village. The bridge lay just on the other side.

Shifting his hiker's bag to his left shoulder, he walked with his head down, for he could have found his way blindfolded—he did not need to look. His instructions had been to start ten miles from the village, and he was quite tired, but it was not fatigue that caused the deep pain in his heart.

Fifteen years! He could hardly believe it. Apparently things had not changed at all. He could have sworn that the carts and wagons that passed him, pulled by horses and an occasional dog, were the same in which he had ridden so often in the past. The fences were the same, the cloud of dust at the summit of the hill was the same. He paused there, at the top, and stared at the village just ahead of him.

So he returned to the people who had taken him in when his nation was starving, fed him, clothed him, sent him to their schools—how else could he have spoken their language so well?—made him one of them. He would notice the fortifications at the bridge, the guards—how often and when they changed, how many there were, any slight difference in their uniforms—then tramp back and make his report, as so many others were doing. No one knew; no one guessed. The value of the whole scheme lay in its surprise element; if they knew, if they learned, perhaps the whole idea would be abandoned. If he told—if he told—down to the village and cried, "Don't you remember me? I am the little boy who lived here fifteen years ago, come back in treachery..."

His head went up; his jaw stiffened. This was his duty. He would obey orders, think of them what he might. He was no longer a person; he was a soldier acting under command. He strode on steadily.

But he was glad—ah, but he was glad—that George and Martha were dead. He could never have borne the pain of coming back if they were here, of betraying them. George had been to him like the father he had never seen, and Martha, with her gingerbread, her warm smile, her work-hardened hands, had been like his own mother. They had wept bitterly when the four years of his stay had ended, had written to him—and then suddenly both were dead. He had wept, too, when he received that letter.

He must be careful not to look at the little cottage. It might unnerve him, make him think of what would look like afterwards when the plan he was helping to execute ended. The new tenants, no doubt, had different plots in the garden. There might be different curtains at the windows. But the old trees would be the same. A new dog would nose him. He sighed. How he had loved her, the little dog, the little dog. They had spent many hours playing together in the yard and down by the canal.

He was in the centre of the little town now. The chatter of the women, the open markets, the bustle of the little shops, were all familiar to him. They made a far happier, gayer sound than the noises in his own city. No one noticed him. Hikers were a common sight here. A girl sometimes threw a quick glance at his tall figure, nudged her companion and giggled. Women, laden with bundles, sometimes apologized pleasantly for bumping into him. He paused for a moment, stepped down a side street to gaze at the square. There could be no harm in recalling, for just a moment, the old days. He was perfectly safe; no one knew him, and he spoke the language like a native.

The rumble of the wagons over the cobble street drowned out the soft whistle behind the fence on which he leaned. He did not notice the black mass of hair that waddled through the fence and the head that peered on until it was licking at his shoes. "Rext!" he exclaimed. He bent, put a gentle hand on the old dog's head. It could not be—he had been an old dog then. The spaniel whined loudly, gave feeble barks. A woman, smiling, gave her hands on a spotted apron, ran out.

"He is very old," she said, "you

must excuse him. It is astonishing that he notices a stranger. He lies in the sun all day... now, can it be you? I would never have known you. You remember? I lived next door, and we took in the dog when Martha died." Her look of welcome faded; she stared at him in bewilderment. "But we understood you were conscripted for three years! You are in the army? HERE, in these clothes?" He did not rise. His hand continued to rub the dog's long ears, the coarse hair that had once been so fine and silky. In a moment she would call someone; he was caught, captured and all he felt was relief, a great wave of relief sweeping over him.

Pensions for Farmers

Alberta Wheat Pool Favors Plan For

Pool Members

Delegates attending the annual convention of the Alberta wheat pool approved a resolution providing for a contributory pension plan for wheat pool members.

It provided that the directors be asked to investigate the matter and present a plan for discussion at the 1944 convention. The idea was based on the making of deductions from the returns of grains marketed through pool elevators, the amounts to be applied to a fund which would provide pensions for farmer members of the pool.

Mr. Antonson pointed out that citizens engaged in occupations other than of farming are finding means of obtaining pensions for their old age, but to date farmers had not made any provision toward that end.

Rangoon has a population of 400,000.

Checked and Rechecked for Quality



EACH "Eveready" Flashlight Battery must pass the same rigid tests for quality as in pre-war years. Remember, too, the date-line on the jacket is your guarantee of freshness.

When you need to re-load, your flashlight, choose the batteries which have been preferred by Canadians for more than a quarter century—"Eveready" Batteries.

"They Last Longer"

EVEREADY FLASHLIGHT BATTERIES

Canadian National Carbon Company Limited
Halifax Montreal TORONTO Winnipeg Vancouver

Never Without Crew

British Merchant Ships Kept Sailing In Spite Of Losses

No nation has suffered like Britain in losses at sea. British ships that have been sunk carrying materials on the seven seas, particularly the Atlantic, reach a staggering figure. And the toll of the British seamen who manned the ships has been correspondingly high. More than 16,000 British merchant seamen have lost their lives at sea through enemy action since the beginning of the war. But never once has the sailing of a ship from a British port been delayed through want of a crew.—The Sentinel.

SELECTED RECIPES

APPLESAUCE CAKE

1/2 cup butter
1/2 cup shortening
1/2 cup brown sugar, firmly packed
1/2 cup Crown Brand Corn Syrup
1 egg, unbeaten
2 cups sifted all-purpose flour
1 teaspoon baking soda
1/2 teaspoon salt
1/2 teaspoon ground cinnamon
1/2 teaspoon ground cloves
1/2 teaspoon ground nutmeg
1 cup thick applesauce (unsweetened)
1/2 cup chopped raisins (if available)

Cream butter, shortening and sugar thoroughly; blend in the corn syrup. Add egg, and beat mixture well. Sift together dry ingredients and add to creamed mixture alternately with applesauce. Add raisins. Pour into pan 8" x 8" x 2" lined with waxed paper, and bake in a moderate oven (350 degrees F.) for 50 to 60 minutes. While still warm, dust lightly with powdered sugar.

Speed Autumn Ring (a dessert)—Follow recipe for Applesauce Cake. When batter is ready fill a well-greased, floured (8") mould 3/4 full and bake in a moderate oven (325 degrees F.) for 45 to 50 minutes. Turn out carefully on serving platter and in the centre opening of the unmoulded ring place a chilled bowl of Foamy Sauce. Serves 8.

Note: This batter may be baked in well-greased, floured cup-cake tins.

MIRACLE OF DUNKIRK

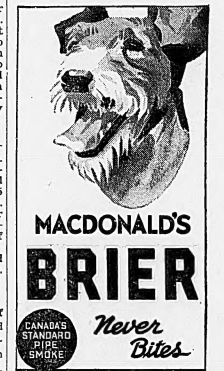
Thanks to the valiant fleet of "little boats", to the Royal Navy and the R.A.F., 224,318 British and 112,107 Allied troops trapped in northern France were rescued from Dunkirk, from May 26th to June 4th, 1940.

A new serum especially effective in case of injury to the bone will soon be produced on a mass scale in Soviet Russia.

BUILT RESCUE SHIP

Seaman Basil Izzi was addressing war workers at the Albina Engine and Machine Works in Portland, Oregon. He told of spending 83 days adrift on a raft. When he mentioned the number of the rescue craft that picked him up, his audience cheered. They had built the rescue ship.

A light anti-aircraft battery uses up enough ammunition in one minute of intensive firing to fill a three-ton truck.



PATENTS

AN OFFER TO EVERY INVENTOR. List of inventions and full information sent free. THE RAMSAY COMPANY, Registered Patent Attorneys, 273 Bank Street, Ottawa, Canada.

\$5.00 Worth of Relief for 50¢

● Buckley's Stainless White Rub is a money saver! It is so good for so many things that this one remedy alone takes the place of many. Yes, Sir, a jar of Buckley's Stainless White Rub at 50¢ will bring you fast, comforting relief from any or all of the aches and ailments listed here and many others. This stainless, snow-white rub penetrates faster, reduces inflammation and congestion, relieves aches and pains, soothes and aids the healing of skin eruptions more quickly. A trial will convince you. 50c and 50¢ a jar.

**MUSCULAR ACHES & PAINS
CHEST COLDS • NEURALGIA
HEADACHES • ECZEMA
TIRED ACHING FEET • PIMPLES**

**A FIRST-AID KIT
IN ONE JAR**

